

Individual risk assessment - Infection prevention

RESPONSIBILITY IS IMPORTANT

Please read the information carefully at every visit

**Please inform the
Blood bank if you
think of anything
regarding your
health that
might affect
your eligibility to
donate blood**

**You can change
your mind and
withdraw from
donating blood
at any time
without giving a
reason**

**Do not come to
the Blood bank
with the intention
to be tested for
hepatitis, HIV or
syphilis infection**



BLÓÐBANKINN

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Akureyri - Glerártorg 543 5560

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Individual risk assessment

– Infection prevention

To ensure **blood recipients'** safety, **all blood donors** are asked the following questions. Infection can be present in the body before it can be detected in blood samples. Specific sexual activity can be linked to higher risk of bloodborne infections, therefore thorough screening is very important in regards to blood donor eligibility.

- ♦ **In the past 4 months, have you had sex with a new partner?**
- ♦ **In the past 4 months, have you engaged in what is considered sexual relation of higher risk?**

If **yes**, evaluation for possible deferral from blood donation needs to be done.

DEFINITIONS:

- ♦ **Sexual relation of higher risk:** Sexual relation that increases significantly the risk of serious bloodborne infections being transmitted.
- ♦ **Individual risk assessment:** Donor eligibility based on sexual relation.
- ♦ **New partner:** An individual that you have not had sexual relation with before or someone you recently resumed sexual relation with.
- ♦ **Risk related to a second party in a relationship:** Assessment whether partner's sexual relation is considered of risk.
- ♦ **Long-term continuous relationship:** Long-term relationship is considered an ongoing relationship for at least 4 months.
- ♦ **Sexual relation:** Oral, vaginal or anal sex.
- ♦ **Anal sex:** Penile-anal intercourse. Studies have shown that there is a higher risk of infection during anal intercourse than during vaginal intercourse.
- ♦ **Protection:** Refers to condoms.
- ♦ **Chemicals used to enhance the experience of sexual relations (chemsex):** Chemicals that are used to enhance the experience of sexual relations and lower inhibition. Here under are not drugs like alcohol or medication like Viagra or Cialis.

SEXUAL RELATION OF HIGHER RISK IS AMONG OTHER:

- ♦ Sexual relation where a condom is not used and relationship duration is less than 4 months.
- ♦ Sexual relation outside of pre-existing long-term relationship, where a condom is not used.
- ♦ Sexual relation with many individuals (more than one) with / without a condom.
- ♦ Sexual relation, where a condom is not used, with an individual whose behavior falls under sexual relation of higher risk.
- ♦ Sexual relation where a condom is not used, with an individual that injects narcotics. If more than 4 months have passed since the last injection, donation is permitted.
- ♦ Sexual relation, with / without the use of condom, in exchange for payment.
- ♦ Anal sex with / without a condom with a new partner.
- ♦ Sexual relation where chemicals are used to enhance sexual experience (chemsex).
- ♦ Sexual relation with / without the use of a condom, with an individual diagnosed with HIV, HTLV, Hepatitis B or C or syphilis.
- ♦ Sexual relation with an individual using viral medication (PrEP or PEP) for HIV.

RULES REGARDING INFECTIOUS DISEASES AND BLOOD DONATION:

- ♦ Individual infected with HIV, HTLV, hepatitis B / C or syphilis is not eligible for blood donation.
- ♦ An individual that has taken oral pre-exposure prophylaxis (PrEP) or post-exposure prophylaxis (PEP) for HIV in the previous 4 months is not eligible for blood donation. If more than 4 months have passed since the medication was taken, viral screening can be done. If results are negative, blood donation is permitted. Deferral period is longer if administrated intravenously.